

PATIENT SPECIFIC MEDICAL  
DEVICES AND SOLUTIONS  
AT THE POINT OF CARE



# 3D SOLUTIONS FOR PAEDIATRIC CARDIOLOGY BROCHURE

3D PRINTED ANATOMICAL MODELS  
VIRTUAL MODELLING TRAINING  
SIMULATORS



## SUMMARY / INDEX

### **WITHIN THE FOLLOWING AREAS**

- Congenital cardiology
- Paediatric cardiac surgery
- Paediatric cardiology education

### **PAEDIATRIC CARDIAC APPLICATIONS**

#### **3D PRINTED PATIENT SPECIFIC ANATOMICAL MODELS**

1. Pre-surgical assessment, planning and simulation
2. Device sizing
3. Patient communications
4. Intra-operative reference
5. Post-operative review
6. Colleague education and training

#### **3D PRINTED SIMULATORS**

- Basic surgical skills
- Advanced pathology simulators



## Case Summary

A cardiac surgeon at a childrens hospital was presented with a paediatric patient in potential need of an interventricular repair, as a result a ventricular septal defect.

A patient-specific anatomical model was requested to help the surgeon and his colleagues determine the best course of treatment for the patient's condition.

## Description

3D LifePrints segmented the patient's data and created a virtual model of the heart. This was then 3D printed in transparent material at the request of the surgeon and labelled to assist interpretation.

The surgeon presented the model at the multi-disciplinary team meeting where it was analysed alongside other patient imaging as part of the assessment.

## 3D LIFEPRINTS CASE STUDY



# PAEDIATRIC CARDIOLOGICAL PRE-SURGICAL PLANNING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** INTERVENTRICULAR REPAIR OF SEPTUM

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

The combination of the 3D model with conventional imaging resulted in a more informed decision to proceed with the interventricular repair. Using the model in the pre-surgical planning made for a safer live procedure and the operation was carried out without complication for the patient.

The model was also added to the departments growing collection of 3D printed models, to be used in future teaching and training of aortic rerouting procedures at the hospital.

## Case Summary

A surgeon and his team at a childrens hospital were required to treat a patient in need of an Aorto-Left Ventricular Tunnel (ALVT) repair. ALVT, an extremely rare congenital defect involving an extracardiac channel connecting the ascending aorta, above the sino-tubular junction, to the left or right ventricular cavity. Without surgical intervention, heart failure is very likely.

A patient-specific anatomical model was requested to assist the team's pre-surgical planning and communication.

## Description

3D LifePrints segmented the MRI scan of the patient's heart structure before using it to calculate the blood volume flowing through it.

The model was then 3D printed in a white and rigid material for the surgical team, enabling them to fully visualise the condition of the patient's heart, and formulate the best plan of approach for the upcoming repair.

## 3D LIFEPRINTS CASE STUDY



# PAEDIATRIC CARDIOLOGICAL PRE-SURGICAL PLANNING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** AORTO-LEFT VENTRICULAR TUNNEL REPAIR

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

This patient-specific model allowed the surgical team to plan the procedure for a condition which has an incidence rate as low as 0.001% of all congenital heart diseases. The planning time itself was also reduced.

The model was described as being of great use in explaining this rare congenital condition to nurses, cardiologists and to the patient's family. 3D printing in this case provided a superior method of communication than 2D scans alone.



## Case Summary

The cardiology team at a childrens hospital needed to treat a very young patient with a ventricular septal defect (VSD), patent ductus arteriosus (PDA) and pulmonary atresia (PA).

Plan for treatment would involve the placement of a stent into the ductal area to maintain communication between the pulmonary artery. A model was requested to assist in pre-surgical planning and simulation of this important procedure.

## Description

3D LifePrints segmented the patient's scan data and provided a hollow heart model to accurately capture both the internal and external patient specific morphology of the heart. The model was printed in soft material to mimic the tissue of the heart.

The surgeon was then able to use the model to realistically simulate the insertion of the stent prior to theatre.

## 3D LIFEPRINTS

### CASE STUDY

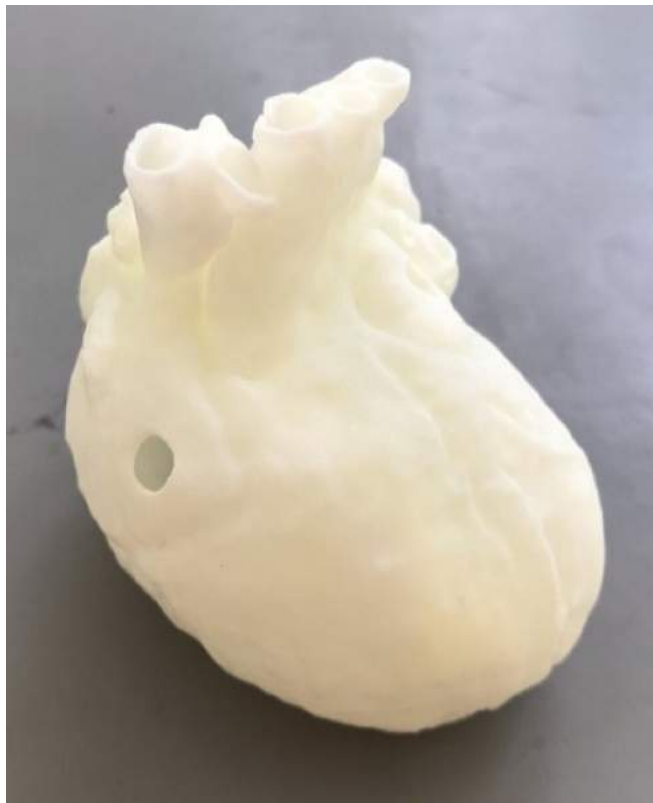


# PAEDIATRIC CARDIOLOGICAL PRE-SURGICAL PLANNING AND SIMULATION

**SPECIALITY** CARDIOLOGY

**PROCEDURE** SURGERY FOR PULMONARY ATRESIA, VSD AND PATENT DUCTUS ARTERIOSUS

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

Simulation with the anatomically accurate model meant the surgeon could practice their approach and insertion of the stent through the vessels with precision and confidence.

The surgery was successful and was carried out without any complications incurred and the patient is recovering well.

## Case Summary

A paediatric patient presenting with multiple ventricular septal defects (VSD) meant a surgeon and the cardiology department at a childrens hospital would need to perform multiple surgeries to correct this congenital heart defect.

A unique model of the patient's anatomy was requested to support the team's surgical planning ahead of live theatre.

## Description

3D LifePrints segmented the patient's data and produced a model based upon the volume of blood within the heart's chambers rather than the heart itself. It was 3D printed in rigid white material for clear visualisation and handling by the whole team.

The model marked a significant innovative step as 3D LifePrints moved beyond providing a copy of the heart to create something highly specific to this type of operation, proving to be of even greater use to the surgeon.

## 3D LIFEPRINTS CASE STUDY



# PAEDIATRIC CARDIOLOGICAL PRE-SURGICAL PLANNING

**SPECIALITY:** CARDIOLOGY

**PROCEDURE:** MULTIPLE VENTRICULAR SEPTAL DEFECT PATCHING

**DEVICE:** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

The volume modelling application of 3D printing is an extremely useful technique to indirectly image malformations of the heart by printing the blood volume within structural cavities.

The surgeon said *"this is a very impressive and imaginative way to use 3D printing for organ imaging. In this case, we were able to complement the visualisation of the cardiac defects and make the decision that it might be possible to perform a less invasive procedure"*.

The team assessed the model and decided that it was likely that no further patching of the perforations was necessary. The patient directly benefited as these decisions resulted in a second surgery that was shorter, less complex and held lower risk.

## Case Summary

A paediatric patient at a childrens hospital was in need of urgent surgery to close a ventricular septal defect (VSD). The cardiac surgeon required a more thorough visualisation of the patient's heart structure prior to surgery, to help ensure a more successful outcome.

A patient-specific anatomical model was requested by the surgical team to aid in determining the location, shape and size of the ventricular septal defect.

## Description

3D LifePrints segmented the patient's CT scan to develop the 3D rendering of the heart. It was then 3D printed in transparent, soft material. The model was sectioned into three parts to provide the team with internal insight into the defect.

In this case the model was delivered within 24 hours of the request due to the urgency of this procedure.

## 3D LIFEPRINTS CASE STUDY



# PAEDIATRIC CARDIOLOGICAL PRE-SURGICAL PLANNING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** VENTRICULAR SEPTAL DEFECT REPAIR

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

Pre-determining the exact nature of the VSD in the planning phase resulted in a more confident surgical approach to this complex case.

The model will also be used as part of the department's future training of cardiologists and cardiac surgeons who may need to treat patient's with similar congenital heart conditions such as VSDs.

## Case Summary

In this case, a surgeon at a childrens hospital requested a patient-specific anatomical model in retrospect, as a way to capture and demonstrate an extremely rare pathology of the heart.

The patient presented with Truncus Arteriosus, a congenital condition which occurs when the blood vessel coming out of the heart fails to separate completely and leaves a connection between the aorta and pulmonary artery. Their condition was also complicated by the failure of the aorta to form completely, resulting in an Interrupted Aortic Arch (IAA).

## Description

3D LifePrints segmented the patient's data and developed a virtual model of their heart. This was then 3D printed in dual colour, to clearly define the flow of oxygenated (red) and deoxygenated (blue) blood.

Following surgery, the surgeon used the model to help educate surgeons who may encounter a similar condition in the future. It was also used to aid discussions with the patient's parents regarding future treatment.

## 3D LIFEPRINTS CASE STUDY

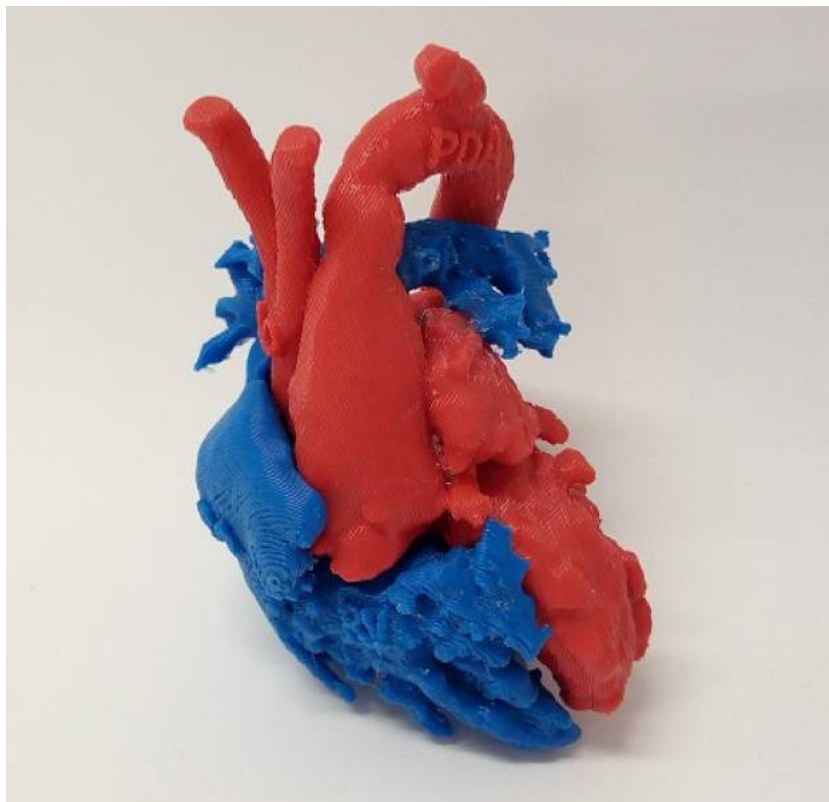


# CARDIOLOGICAL POST-SURGICAL REVIEW

**SPECIALITY** CARDIOLOGY

**PROCEDURE** TRUNCUS ARTERIOSUS AND INTERRUPTED AORTIC ARCH REPAIR

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

3D modelling and printing of complex pathologies such as this provide an effective adjunct to traditional surgical education and skill development methods. Rare cases can be captured for repeatable future training, ensuring high level knowledge is transferred through a medium that combines 3D visualisation with haptics.

The model's use in conversations with the patient's parents allowed for more detailed explanation and understanding, meaning the parents were more informed about their child's condition and what future treatments would involve.



## Case Summary

Alongside using patient-specific anatomical models for pre-surgical planning, cardiology departments often use 3D LifePrints' on-site service to capture rare and complex congenital cases for educational and training purposes on a regular basis.

The surgeon requested this patient-specific model to better educate current colleagues and future cardiologists at the hospital.

## Description

In this case, the patient was diagnosed with hypoplastic left heart syndrome (HLHS), had undergone an atrial septectomy, bilateral pulmonary artery (PA) banding and insertion of a patent ductus arteriosus (PDA) stent.

3D LifePrints segmented the patient's scan data and worked closely with the cardiologist, in 3D LifePrints' hub within the hospital, to produce a virtual model optimised for clear demonstrations. The virtual model was then 3D printed in soft material for a more realistic feel.

## 3D LIFEPRINTS CASE STUDY

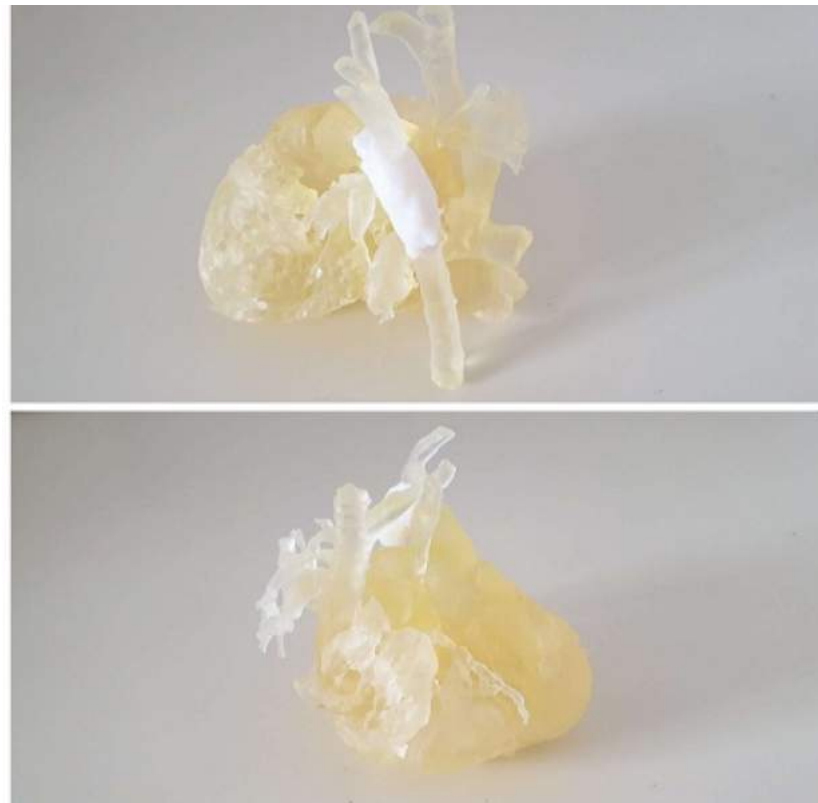


# PAEDIATRIC CARDIOLOGICAL EDUCATION & TRAINING

**SPECIALITY:** CARDIOLOGY

**PROCEDURE:** ATRIAL SEPTECTOMY, BILATERAL PA BANDING & PDA

**DEVICE:** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

The use of 3D printed models serve as an adjunct to the department's traditional education and training methods, such as 2D CT Angiogram, CT or MRI scan interpretation. Accurate physical models allow 360-degree haptic manipulation for a more complete visualisation of the congenital heart defect by the handler.

With the model, the cardiologist is able to better explain the nature of the pathology, its effect on the patient, the treatment paths available, and the specific approach chosen in a particular case.

## Case Summary

Alongside using patient-specific anatomical models for pre-surgical planning, the cardiology department at a childrens hospital also uses 3D LifePrints' on-site service to capture rare and complex congenital cases for educational and training purposes on a regular basis.

A cardiologist requested this patient-specific model to better educate current colleagues and future cardiologists at the hospital.

## Description

In this case, the patient presented with multiple congenital defects, including; double outlet right ventricle (DORV), transposition of the great arteries (TGA), ventricular septal defect (VSD) and a Taussig-Bing anomaly.

3D LifePrints segmented the patient's scan data and worked closely with the cardiologist, in 3D LifePrints' hub within the hospital, to produce a virtual model optimised for clear demonstrations. The virtual model was then 3D printed in soft material for a more realistic feel.

## 3D LIFEPRINTS CASE STUDY



# PAEDIATRIC CARDIOLOGICAL EDUCATION AND TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** TREATMENT FOR DORV, TGA, VSD, TAUSSIG BING

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

The use of 3D printed models serve as an adjunct to the department's traditional education and training methods, such as 2D CT Angiogram, CT or MRI scan interpretation. Accurate physical models allow 360-degree haptic manipulation for a more complete visualisation of the congenital heart defect by the handler.

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A cardiologist requested this patient-specific model to better educate current colleagues and future cardiologists at the hospital.

## Description

In this case, the patient presented with hypoplastic left heart syndrome with anomalous coronary artery originating from the main pulmonary artery, an extremely rare congenital defect which poses one of the highest levels of risk of severe ischemia or even myocardial infarction, dangerous arrhythmias, chronic circulatory failure and sudden death.

3D LifePrints segmented the patient's scan data and worked closely with the cardiologist, in 3D LifePrints' hub within the hospital, to produce a virtual model optimised for clear demonstrations. The virtual model was then 3D printed in soft material for a more realistic feel.

## 3D LIFEPRINTS CASE STUDY

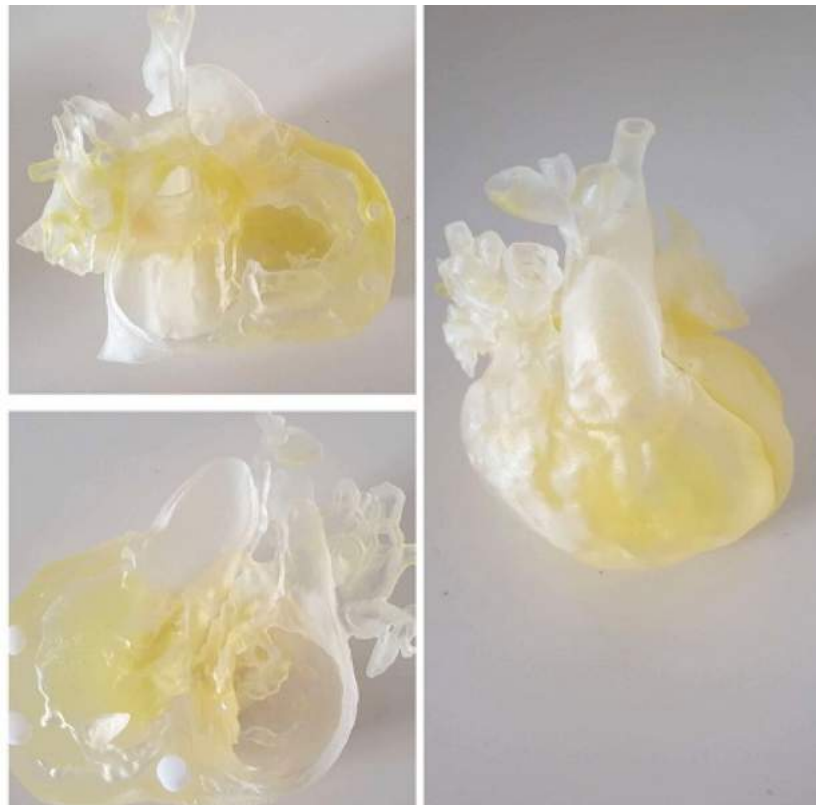


# PAEDIATRIC CARDIOLOGICAL EDUCATION AND TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** HLHS WITH ANOMALOUS CORONARY ARTERY FROM MPA

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

The use of 3D printed models serve as an adjunct to the department's traditional education and training methods, such as 2D CT Angiogram, CT or MRI scan interpretation. Accurate physical models allow 360-degree haptic manipulation for a more complete visualisation of the congenital heart defect by the handler.

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The surgeon requested this patient-specific model to better educate current colleagues and future cardiologists at the hospital.

## Description

In this case, the patient presented with a previous interrupted arch and small left ventricular outflow tract (LVOT). The patient had previously undergone a Norwood procedure and Cavopulmonary anastomosis.

3D LifePrints segmented the patient's scan data and worked closely with the cardiologist, in 3D LifePrints' hub within the hospital, to produce a virtual model optimised for clear demonstrations. The virtual model was then 3D printed in a soft material for a more realistic feel.

## 3D LIFEPRINTS CASE STUDY

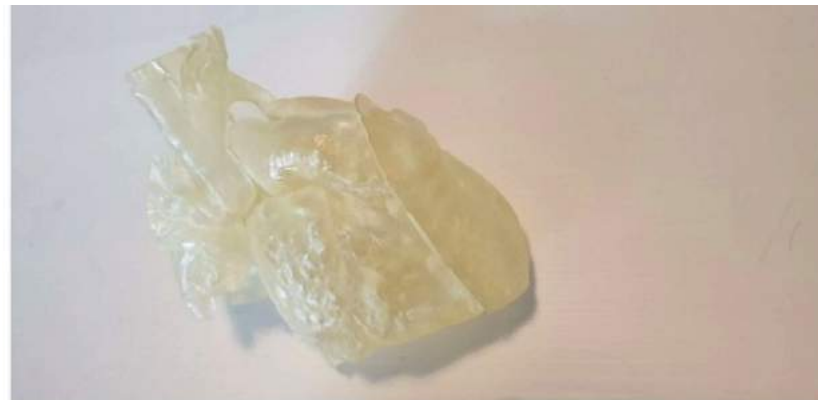


# PAEDIATRIC CARDIOLOGY EDUCATION & TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** PREVIOUS INTERRUPTED ARCH & SMALL LVOT, NORWOOD PROCEDURE

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODEL



## OUTCOME / BENEFITS

The use of 3D printed models serve as an adjunct to the department's traditional education and training methods, such as 2D CT Angiogram, CT or MRI scan interpretation. Accurate physical models allow 360-degree haptic manipulation for a more complete visualisation of the congenital heart defect by the handler.

With the model, the cardiologist is able to better explain the nature of the pathology, its effect on the patient, the treatment paths available, and the specific approach chosen in a particular case.



## Case Summary

Cardiologists at a childrens hospital were inspired to explore the use of 3D modelling and printing as a way to bring their CT angiograms of pre and post natal patients to life.

Converting the scans, made during diagnostic investigations into anti and post-natal aortic abnormalities, into 3D models proved to be a useful adjunct to traditional CT angiogram interpretation and use in communication to others involved with the patient's treatment. Explanation of the pathology and challenges inherent to each treatment pathway became much clearer in their conveyance.

In this model, the main artery (pink) presents on the right-hand side of the patient's body, instead of the more common left-hand side. This is a right aortic arch. As the aorta descends, it joins other structures, such as the ductus ligament and the pulmonary artery, in encircling the trachea and oesophagus which can lead to breathing and feeding problems.

In terms of surgical planning, the decision to make is whether to divide the ductal ligament or consider removing the whole of the Kommerell diverticulum. The challenge in conducting surgery in an older patient such as this is that surgeons run the risk of compromising blood flow to the left arm. Earlier intervention could have created co-lateral blood supply, preventing the risk.

## 3D LIFEPRINTS

### CASE STUDY

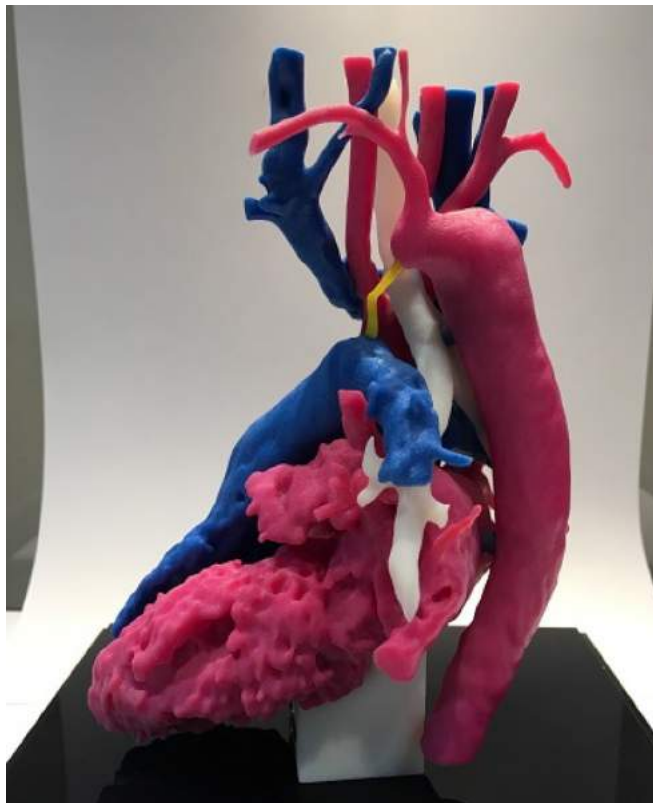


# PAEDIATRIC CARDIOTHORACIC EDUCATION AND TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** INVESTIGATION INTO ANTI AND POST-NATAL AORTIC ARCH ABNORMALITIES

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODELS



## OUTCOME / BENEFITS

Over time, a collection of models has been built to aid understanding and education at the hospital and is beginning to form part of a standardised pathway into aortic arch investigation. In each case, the model acts as a focal point for surgeons as they set out procedure choices to colleagues.

Particular value has also been found in their explanatory power for junior clinicians and surgeons still in training, as well as for patient families who benefit from a clear representation of what their child faces, what the proposed treatment pathway will be, and why it was chosen in their case.

## Case Summary

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## Description

In this model, there is a true double aortic arch developing which is another condition which can lead to pressure on the trachea and oesophagus.

The main artery comes out of the heart and divides in two. Surgeons must make the decision of which arch to split. In this case the smaller right arch was chosen, creating room for the trachea and oesophagus to grow without hindrance.

## 3D LIFEPRINTS CASE STUDY

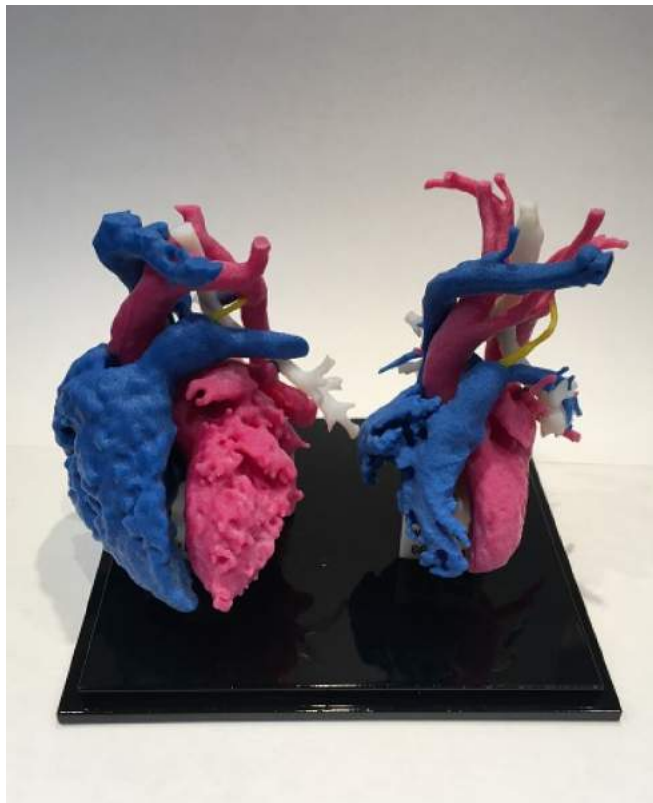


# PAEDIATRIC CARDIOTHORACIC EDUCATION AND TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** INVESTIGATION INTO ANTI AND POST-NATAL AORTIC ARCH ABNORMALITIES

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODELS



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## Description

In this model, the trachea and oesophagus is encircled by structures such as the descending aorta, pulmonary artery and the ductus ligament, which can create breathing and feeding difficulties.

Moving the aorta from the right to the left-hand side is extremely high risk and unlikely to work. Instead, the ductal ligament is often divided, releasing some of the pressure on the trachea and oesophagus.

## 3D LIFEPRINTS CASE STUDY

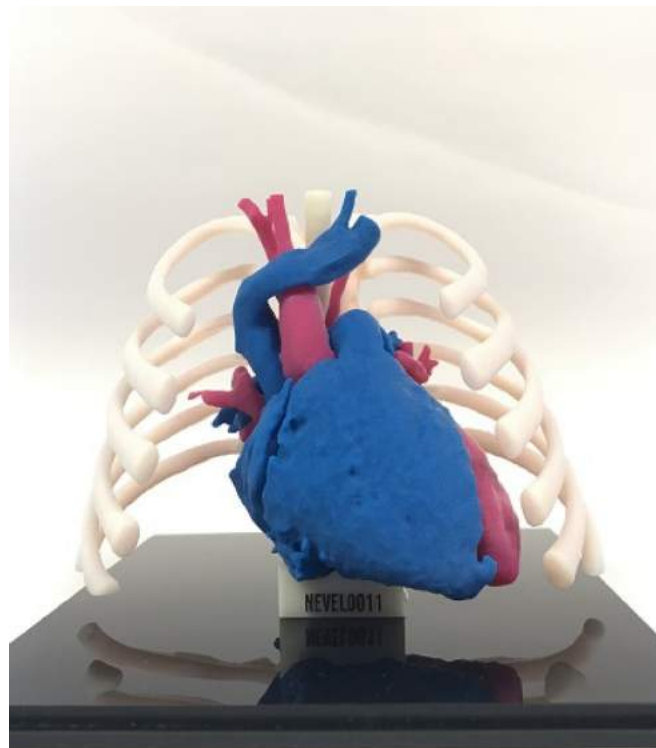


# CARDIOTHORACIC EDUCATION & TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** ANTI & POST-NATAL AORTIC ARCH ABNORMALITIES

**DEVICE(S)** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODELS



## OUTCOME / BENEFITS

Over time, a collection of models has been built to aid understanding and education at Evelina and is beginning to form part of a standardised pathway into aortic arch investigation. In each case, the model acts as a focal point for surgeons as they set out procedure choices to colleagues.

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## Description

In this model, the aorta, which usually forms an arch in the chest that travels inside the chest on the left side, is found on the right, known as a right aortic arch. A Kommerell diverticulum is also present in this very young patient. Their ductus arteriosus had also failed to close post-natally, depicted in the model by the purple structure.

This model helps demonstrate what can happen when a double aortic arch, a condition all babies experience during pregnancy until conditions establish a dominant arch, forms on the right-hand side instead of the left.

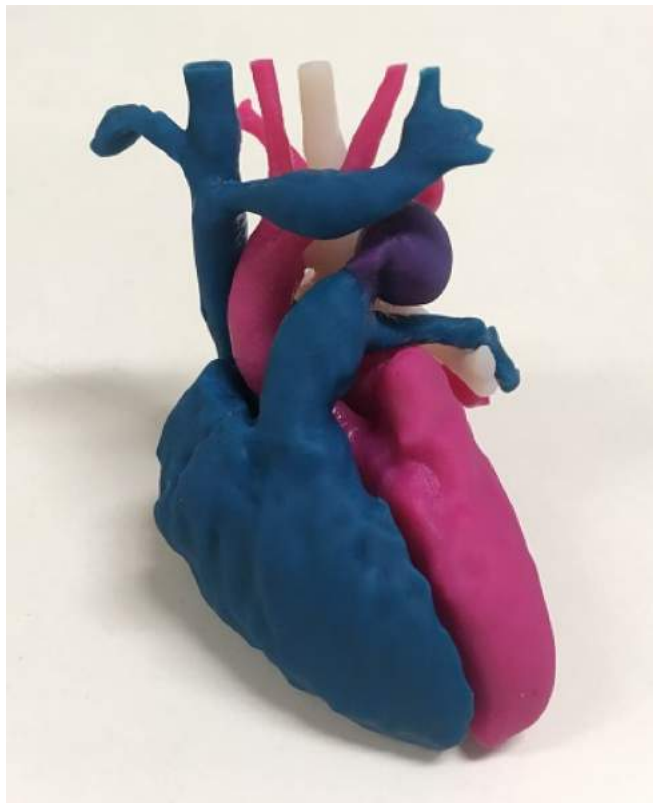
## 3D LIFEPRINTS CASE STUDY

# CARDIOLOGY EDUCATION & TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** INVESTIGATION INTO ANTI & POST-NATAL AORTIC ARCH ABNORMALITIES

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODELS



## OUTCOME / BENEFITS

Over time, a collection of models has been built to aid understanding and education at Evelina and is beginning to form part of a standardised pathway into aortic arch investigation. In each case, the model acts as a focal point for surgeons as they set out procedure choices to colleagues.

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## Case Summary

A Consultant Paediatric Cardiologist requested 20 3D printed heart models to be used as part of a professional education course exploring Fetal Cardiology, MRI and Echocardiography.

In particular, the identification of congenital heart defects and treatment options were to be discussed.

## Description

All models were printed in soft material for a more life-like handling experience. In some cases, inserts for small magnets were designed into the prints.

The use of small magnets embedded within the printed sections allowed for the models to be taken apart and reassembled. This enabled interior perspectives of the congenital defects the models were portraying for the attendees.

## 3D LIFEPRINTS CASE STUDY



# PAEDIATRIC CARDIOLOGICAL EDUCATION & TRAINING

**SPECIALITY:** CARDIOLOGY

**PROCEDURE:** CONGENITAL HEART DEFECT IDENTIFICATION AND TREATMENT

**DEVICE:** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODELS



## OUTCOME / BENEFITS

The 20 heart models, some of which could be taken apart and pieced together again, provided attendees with realistic, tactile teaching aids that could be passed around and explored as an adjunct to lectures and screen-based learning which formed the majority of the course. Combining haptics with visual learning is increasingly being seen as a more effective approach to teaching clinicians about complex pathologies and treatments than visual instruction alone.

The models are durable enough to be used for repeat courses in years to come, allowing the hospital to continue to deliver leading cardiac training to professionals from around the world.

## Case Summary

A cardiac surgeon at a childrens hospital requested a 3D printed anatomical model for an educational demonstration of surgical simulation at the Arab Health Exhibition in Dubai, 2017, held to showcase products from the medical and pharmaceutical industries.

## Description

The heart model for this simulation was 3D printed in silicone and intentionally softened to replicate the consistency of an infant's cardiac tissue.

The model was nested in a set of 3D printed ribs to further increase the sense of realism for the surgeon and attendees. This simulation included the closure of an atrial septal defect (ASD) and widening of the pulmonary stenosis on the 3D printed heart.

The surgeon encouraged participation from the attendees, and several of them were able to practice the suturing techniques necessary for this procedure.

## 3D LIFEPRINTS CASE STUDY



# PAEDIATRIC CARDIOLOGICAL SURGICAL SIMULATION AND TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** REPAIR OF CONGENITAL HEART DEFECTS

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL SIMULATION MODEL



## OUTCOME / BENEFITS

As 3D print material options continue to improve, the levels of haptic realism for surgical departments looking to use 3D printed models for simulator-based training increases.

The use of 3D printed models for surgical training is on the rise due to barriers such as legality, cost and availability in the use of cadaveric models. 3D models avoid any such issues and come with the benefit of being completely customisable, not only in terms of model scale and material, but in terms of complex pathologies being available for on demand replication.

This is highly useful for training individuals in more advanced procedures for patients presenting with complex or rare conditions, such as congenital heart defects.

## Case Summary

A cardiac surgeon requested two patient specific 3D printed cardiac models so that they could demonstrate the complex Senning procedure as part of a double switch operation for congenitally corrected transposition of the great arteries (TGA), to surgical trainees and other clinicians with great levels of realism.

## Description

The first model (left) represented a hollow heart and therefore captured both the external and internal patient specific morphology of the heart, as a result of the 3D LifePrints engineer subtracting the blood volume from it. It was then printed in soft, translucent material proving effective for surgeons looking to simulate surgery.

The second model (right) represented the blood volume and therefore offered unparalleled visualisation of how the internal chambers and main vessels are affected by TGA. The model was printed in rigid material as it was used for visual reference only.

## 3D LIFEPRINTS CASE STUDY

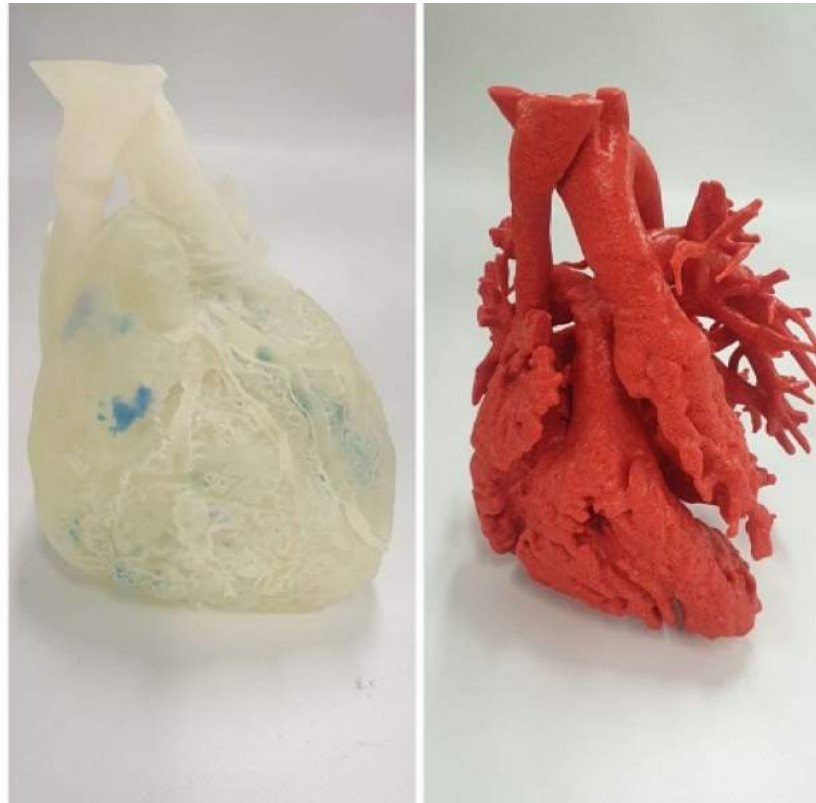


# CARDIOTHORACIC EDUCATION AND TRAINING

**SPECIALITY** CARDIOLOGY

**PROCEDURE** SIMULATION AND TEACHING OF THE SENNING PROCEDURE

**DEVICE** 3D PRINTED PATIENT SPECIFIC ANATOMICAL MODELS



## OUTCOME / BENEFITS

The cardiac surgeon was able to use both models to effectively showcase the effects of TGA to both students and professionals about the condition.

The surgeon also performed a simulation of the Senning procedure on the translucent model, after which both models will remain as a permanent reference tool for future professional education.



# PAEDIATRIC CARDIAC SOLUTIONS

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